

## Endangered Culture The Third Pole



The mountain region that encompasses the Hindu Kush, Himalayas, Karakoram, and the Tibetan Plateau. Its ice fields contain the largest reserve of freshwater outside the Arctic and Antarctic, and are the source of 10 major river systems providing irrigation, power and drinking water to over 1.9 billion people across Asia.

Like the polar regions, this area is warming and retreating at an unprecedented rate. Melting glaciers reflect less sunlight increasing heating. They also impact river flows, leading to devastating floods as we have seen in Pakistan this summer.

### Prompts:

- How would you use this practice in your community if it really existed?
- Consider how the crisis is affecting the animal, plant or land you are taking care of?
- What would a future that nourished and protected your plant, animal or land look like? Imagine three ways your tomorrow would be different to today's reality.